600 Series

625R Recumbent Bike

The 625R Recumbent Bike offers compelling ways to improve your members' fitness experience – whether they choose to train for a triathlon or ease into a new fitness regimen.



Dedicated AV controls at users' fingertips

STANDARD DISPLAY

A split-level display keeps workout programs and metrics at eye level, while volume, speed, and incline buttons are built into the console, giving users total control at their fingertips.



E3 VIEW HD OPTIONAL DISPLAY

The 600 Cardio Series also offers optional technology features including the embedded MYE wireless audio receiver and the E3 View high definition monitor which offers three viewing modes on a 15.6" embedded display.



SPECIFICATIONS

Product Name	625R
Dimensions (L × W × H)	65" × 25" × 52" (165 cm × 63.5 cm × 132 cm)
Modes of Operation	Constant Power, Bike Mode
Resistance Range	20 – 900 Watts
Drive Type	Single stage drive with self-tensioning idlers for minimal mechanical drag and low maintenance
Max User Weight	400 lbs (182 kg)
Power	Self powered, E3 View available in standard AC voltages, optional AC adapter for full time display
Display	Graphic display of profile via 8 × 15 LED matrix; Numeric display of time, distance, calories, calories/hour, METs, Watts, RPM, and heart rate including multi-color indication of heart rate range; Lower display shows road speed and resistance level
Workouts	Quick Start (Manual Mode) four Weight Loss, four Cardio, and Heart Rate Control; Quick Start is facility selectable as "Bike" mode or Constant Power; Weight Loss and Cardio workouts are constant power; Workouts have 21 levels
Entertainment Options	MYE wireless audio receiver; E3 View embedded HD monitor
Heart Rate Monitoring	Wireless and Contact Grips
Compliance	ETL listed to UL1647, ASTM, EN 957, and CSA; FCC Class B; CE Low Voltage, EMC and RoHS Directives
Color	Available in 15 standard frame colors or a virtually unlimited variety of custom colors

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WORLD HEADQUARTERS

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